

SOWER



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Founder's Day: BSN Honours Jerry Gana, Ndukuba, Oladele, Others

Features

CAC Adopts, Supports Ebira Bible Translation Project with N10m

- Don't Allow Present Hardship Push You Against God – Dr. Owoyemi
- BSN, Critical to Work of Salvation, says Prophet Oladeji
- End to End: Partners, converts commend BSN
- Eggon Speakers Eagerly Await their Bible



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CONTENTS

	Page
01 - Editorial	3
02 - Founder’s Day: BSN Honours Jerry Gana, Ndukuba, Oladele, Others	4-5
03 - BSN, Critical to Work of Salvation, says Prophet Oladeji	5-6
04 - End to End: Partners, converts commend BSN	6
05 - Police Community Relations C’ttee Names Sanusi as Patron	7
06 - Eggon Speakers Eagerly Await their Bible	7
07 - CAC Adopts, Supports Ebira Bible Translation Project with N10m	8
08 - BSN recruits two Bible Translators	8
09 - Gen Abbe, BSN Trustee Passes on	9
10 - Don’t Allow Present Hardship Push You Against God – Dr. Owoyemi	10
11 - Breast Screening	11-12
12 - Fun as BSN Fetes Staff	12
13 - Alone with God	13
14 - Photo Gallery	14

INTEGRITY AND NATION BUILDING

Succeeding in Turbulent Times

Some people have the erroneous belief that life is supposed to be easy, cool and calm. This is particularly common among those of us who call ourselves believers in Christ. Some even preach that once you are born again, all troubles are over, quoting 2 Cor.5:17. People expect a smooth road to success and stardom. We expect the government, the church, or our organisation to solve all our problems so that we can have a hassle-free life. People want to get the prize without having to pay the price. However, this is not a reality anywhere under the sun. Life itself is hard. Anything worth having in life must come with effort. This is why psychiatrist M. Scott Peck in his book "The Road Less Travelled" said – **LIFE IS DIFFICULT**. For anyone or organisation to make progress, it must be done through life's difficulties. Likewise, leaders must guide their team to success by overcoming life's challenges.

Going through the Scripture, one will discover that the heroes and heroines of faith, whom we name ourselves after today, all got to prominence through thick and thin. From Abraham the father of faith, to Isaac, Jacob, Joseph, Moses, Joshua, down the line to our Lord and Saviour, Jesus Christ and the Apostles that outlived Him in the New Testament all had their fair share of troubles and challenges. Adversities and troubles often carry within them the seeds of progress and blessings. Circumstances do not make a man; they reveal him to himself. Hence, adversity and difficulties introduce us to ourselves. Adversity is a better teacher than success, making us learn, think, and act better in tough times than in easy times. More heroes are born in times of doom than in times of boom. Challenges or adversities open doors to new opportunities more than easy times do, if at all there is any easy time in our world. During tough times, our stories are rewritten for the better if our response is right and positive.

One of the most challenging tasks any leader faces in tough times is to be a change agent and lead people

through the storm. Most people want their problems to be solved or fixed without having to face them. This is impossible. According to Peter Drucker, **"A time of turbulence is a dangerous time, but its greatest danger is a temptation to deny reality"**. Leaders are left with no option but to rise up, face reality, and deal with it or else reality will deal with them. To lead and succeed in challenging times, leadership expert Dr. John Maxwell suggests the following:

1. Leaders must define reality.
2. Remind their people constantly of the big picture.
3. Help those they lead to develop a workable plan.
4. Guide them in making good choices.
5. Value and promote teamwork, as no team can win and keep winning unless everyone works together. As the saying goes, T.E.A.M means Together Everyone Achieves More.
6. Give hope to the people. Leaders give hope, not hopelessness.

As we journey along in 2025, it is my prayer that the God of all grace will make His grace abound in our lives and grant us the wisdom to navigate the trouble waters of life and achieve good success in the end, in Jesus' name.

Happy and a great new year to you all.



Samuel Sanusi
Editor-in-chief

Founder's Day: BSN Honours Jerry Gana, Ndukuba, Oladele, Others

The Bible Society of Nigeria has honoured a former Minister of Information and National Orientation, Prof. Jerry Gana; the Primate of the Church of Nigeria (Anglican Communion), Most Reverend Henry Ndukuba; and the President of Christ Apostolic Church Nigeria and Overseas, Pastor Samuel Oladele.

Others who received the award are the Chief Executive Officer of Tudel Global Investments Limited, Pastor Dele Adejugbe, and the President and Council Chairman, Nigerian Institute of Public Relations, Dr. Ike Neliaku. They were all presented with the Bible Award of Selfless Service to God and Humanity.

The award, which was part of activities that marked the BSN's 16th Founder's Day Annual Lecture, took place at Adegbite Hall, Shepherdhill Baptist Church, Obanikoro, Lagos, on February 7, 2025.

Speaking on the theme of this year's Annual Lecture, **Diversification and Production: Panacea to Nigeria's Economic Quagmire**, the guest speaker, Founder and Chairman of Proshare, Dr. Olufemi Awoyemi, noted that Nigeria has long depended largely on oil, which accounted for 72.87% of the country's export earnings as of the third quarter of 2024.

According to Dr. Awoyemi, overdependence on oil for a long time is a direct indictment on the nation's strategic planning. He noted that oil would lose its dominance in export earnings if we increased productivity in the non-oil sector, adding that it is a strategic risk diversification approach worth taking.

Speaking further, he observed that such overdependence on oil has made the economy fragile and susceptible to external shocks. He advised that this should serve as a wake-up call to transition toward a diversified economy that balances both oil and non-oil sectors.

Dr. Awoyemi recommended at least 14 broad sub-economies from which Nigeria could unlock growth to boost national productivity. Some of these include the digital economy, creative economy, solid mineral economy, blue economy, education economy, lifestyle economy, services economy, among others. To achieve this, he recommended "dismantling entrenched systems of ineffectiveness and inefficiency, rent-seeking, and structural rigidity through sociopolitical and institutional reforms, as well as reorienting the national psyche towards productivity and innovation."

Furthermore, Dr Awoyemi proposed four alternative approaches to weathering the storms and unlocking productivity. One of these approaches is what he described as Monitoring, Evaluation, Accountability, and Learning (MEAL), the absence of which creates a fertile ground for public sector inefficiency and corruption, as there is no systematic way to track progress, identify bottlenecks, or ensure that resources are used as intended.

Speaking earlier, the Chairman of the occasion who is also Chairman of NEM Insurance Plc, Mr. Tope Smart, emphasized that Nigeria must be intentional about diversifying economy, that running a mono-economy is unsustainable. He explained that oil is an exhaustible resource that could dry up and stressed the urgent need to explore alternative sources of revenue.



Guest Speaker Dr Olufemi Awoyemi



Mr. Tope Smart



Pastor Samuel Oladele

Continues on page 5

The President and Board Chairman of The Bible Society of Nigeria, Bishop Dr. Timothy Banwo, had earlier welcomed guests to the event.

The Patron of BSN, a former Head of State, General Dr Yakubu Gowon, represented by Bishop Dr. Banwo, congratulated the awardees. He encouraged Nigerians to keep hope alive and put absolute trust in God to help the nation overcome her current challenges. "I encourage leaders at all levels to embrace the principles of righteousness, justice, and love, as no society can truly prosper without moral and spiritual integrity," he added.

The high point of the occasion was the presentation of the Award of Selfless Service to God and Humanity to the

President of Christ Apostolic Church Nigeria and Overseas, Pastor Samuel Oladele, and the Chief Executive Officer of Tudel Global Investments Limited, Pastor Dele Adejuge, both of whom were physically present.

The Primate of the Church of Nigeria Anglican Communion, the Most Reverend Henry Ndokuba, was represented by the Dean of Archbishop Vining Cathedral Church, Ven. Ebenezer Adewole. Former Minister of Information and National Orientation, Prof. Jerry Gana was represented by Dr. Isuwa B. Dogo, while the President and Chairman of the Council of Nigerian Institute of Public Relations, Dr. Ike Neliaku, was represented by the Chairman of Lagos Chapter of NIPR, Mrs. Comfort Nwankwo.



BSN, Critical to Work of Salvation, says Prophet Oladeji

The General Evangelist of Christ Apostolic Church, Nigeria and Overseas, Prophet Hezekiah Oladeji, has said that The Bible Society of Nigeria (BSN) is very critical to the work of salvation.

Prophet Oladeji made this statement while praying for the staff of the BSN at its first working day devotion. *"The Bible you are translating and making available is transforming lives. You cannot imagine the number of people who have read the Bible and gotten saved,"* he said.

To corroborate his claim about the efficacy of the Bible, Prophet Oladeji narrated how God spoke to him during one of his prayer programmes at the camp, revealing that there were three armed robbers within the camp. Initially, he doubted this, but God insisted. He was then compelled to announce what he had heard, and to his amazement, three men stepped forward, admitting that they were the armed robbers, and had hidden their guns within the camp premises. He asked them if they were willing to surrender to Jesus Christ, and they answered in the affirmative. Thereafter, they were each given a copy of the Bible. He gladly announced that one of the former armed robbers is now a Pastor, preaching the gospel.



AGS Publishing, Pastor Olugbenga Oludaisi; Pastor Olu Makinwa of Christ Apostolic Church; Prophet Hezekiah Oladeji; General Secretary/CEO, BSN, Pastor Samuel Sanusi; AGS, Finance, Mrs. Yemisi Oluwagbemi, and AGSCD, Mr. Yemi Olayiwola

Prophet Oladeji charged the organisation not to relent in the work of making the Bible available to Nigerians, emphasizing that such task is transforming lives. Speaking from Philippians 2:12-15, the Evangelist urged the staff to shun complaining or murmuring and instead remain faithful and focused on making the word of God available. He added that they should not allow the devil to hinder them.

He also urged the staff that as they translate and distribute the Bible for others to be saved, they must strive not to miss heaven. He stated that it would be unwise to be like a signboard that points others to salvation but does not get to destination. He further admonished them to desist from all appearances of evil or any actions inconsistent with their work as Bible translators and distributors.

Continues on page 6

Prophet Oladeji took time to pray for the staff, their families, and the work of The Bible Society of Nigeria. He specifically prayed that God would raise men and women who would help the organisation complete its Bible House project.

It is customary for the BSN to start the first working day of each new year with prayers, and the organisation was privileged to have Prophet Hezekiah Oladeji grace the 2025 edition.

End to End: Partners, converts commend BSN

Some partners of The Bible Society of Nigeria (BSN), who make the Word of God available to people in different Nigerian languages using audio Bible device, along with converts from the programme, have commended the BSN for the initiative, which has brought transformation to many lives.

One of the converts, Favour Anibijuwon, a student of Olutayo Mission School, Ilesa, Osun State, said that she had never attended a church service, read the Bible, or any Christian literature until she watched the Jesus film and started attending the audio Bible listening programme which holds in her school. According to her, she is not from a Christian home and was involved in things that were displeasing to God.



Favour Anibijuwon

Speaking further, she said, *"Since I started attending the Bible listening programme, my life has been transformed. I introduced Jesus to my father, who was badly in need of a job. He started to pray, and God helped him win a contract."*

One of the partners in Kwara State, Rev. Samuel Odekunle, said that his audio Bible listening group is swelling in numbers as more people continue to join. "Hearing the Bible directly in their mother tongue without an interpreter is contributing to the increasing number, and they are excited about it," he added.

Another partner, Pastor Olusola Oyekunle, thanked the BSN for the audio Bible device given to him to set up a Bible listening group, describing it as a worthy gift. He narrated how an elderly woman in his group once knelt in praise, thanking God because the audio Bible device had ended



Some of our End to End partners

her struggle to clearly understand the Word of God without an interpreter.

Also speaking, Evangelist Afolabi Abiodun, who coordinates a Bible listening group, said that her members always look forward to their meeting days. She narrated how a woman living close to her listening centre, a Moslem, initially refused to join, but would secretly listen from her location. The evangelist later discovered this because the woman frequently approached her with questions from the Bible. According to her, she requested for a Bible which she gladly gave her. However, she came back to complain that her son, who visited from Lagos, saw the Bible and insisted on taking it with him.

End to End is one of the programmes of The Bible Society of Nigeria that helps people hear the Word of God through an audio device called Proclaimer in their preferred languages.

The BSN is using this programme to empower the church, taking evangelism and soul-winning to a higher level of impact and effectiveness. The organisation provides audio Bible devices in different Nigerian languages to help set up audio Bible listening centres where people gather to listen to the Word of God after exposing them to the Jesus film in their languages using projectors provided by BSN.

In 2024, we recorded 3,958 converts from those who participated in the programme. These converts receive free Bibles from BSN.

Please note that this programme is open for your kind partnership and sponsorship. For further enquiry, please call Benjamin on 08159094116 or send an email to mordi@biblesociety-nigeria.org

Police Community Relations C'ttee Names Sanusi as Patron

The Nigeria Police Force Community Relations Committee (PCRC) Ikeja Division, Area J Command, has appointed the General Secretary/CEO of The Bible Society of Nigeria, Pastor Samuel Sanusi, as Patron.

According to the Committee, the appointment is in recognition of Pastor Sanusi's commendable service to humanity and community policing.

The relationship between the Nigeria Police Force in Lagos and the community has continued to grow stronger over the years. Pastor Sanusi has assured that the cordial relationship will continue beyond his tenure.



Eggon Speakers Eagerly Await their Bible

The speakers of the Eggon Language in Nasarawa State are eagerly awaiting the completion of the Bible translation into their language and are urging the translators to speed up the work.

The three translators working on the Eggon Bible translation project – Rev. Christopher Yakubu, Luka Masin, and Ovyo Ali Anzaku – stated this in Lagos during a training session. According to them, the people are anxiously waiting for the Bible to be completed. They mentioned that the Translation Committee Chairman, Rev. Akas Tsaku, who is advanced in age, has been urging the Translation Consultant working on the project to do everything possible to get the Bible published so he can see it in his lifetime.

One of the translators, Luka Masin, said they are in the final stage of the translation, with only a few books of the Old Testament left to be checked and certified by the Translation Consultant supervising the project.

To help the speakers engage with the project, the Books of Lamentations and Joel in Eggon language were printed for the churches. According to them, the Portion (the printed Lamentations and Joel) were received with excitement and are being used for Bible study and Sunday School in most churches, while others are using them for literacy classes. They added that the people are so happy with the translation that they now recite the Book of Lamentations, which resonates with their present condition. Due to the limited copies available, the books

are being passed from hand to hand as everyone wants to read them.

The Translation Committee Chairman, the Very Rev. Akas Tsaku, in a chat with *SOWER*, corroborated what the translators said. According to him, *"The people are interested, happy with the project, and are eagerly looking forward to its completion and the availability of the Bible. They keep asking us, 'when is the Bible going to be ready?'"*

He said the people are excited about the translation because it is in their mother tongue, allowing them to read and understand it clearly without the need for an interpreter.

Also speaking, the Translation Committee Secretary, Mr. Joseph Egga, said the excitement and enthusiasm of Eggon speakers regarding the Bible is overwhelming. He noted that the major factor delaying the project is funding. To demonstrate their commitment, some of the speakers, especially the elderly, are contributing as little as N200 to support the project.

The Eggon Bible translation project commenced in 2018 with the Old Testament. The New Testament was translated about 50 years ago but no longer meets the needs of the people. As a result, it is also being revised. It is hoped that soon, the hunger and thirst of Eggon speakers will be satisfied when the Eggon Bible is completed and dedicated for their use.

CAC Adopts, Supports Ebira Bible Translation Project with N10m

Concerned about the huge burden of funding the exorbitant cost of Bible translation, Christ Apostolic Church, Nigeria and Overseas, has adopted the Ebira Bible Revision project with an initial donation of ₦10 million.

The letter conveying the church's decision to fund the translation project, signed by the General Secretary of the church, Pastor E. E. Mapur, reads in part, "I am further directed to intimate you that the cost implication to adopt a translation project is ₦120 million, with a payment plan to be completed within eight years." According to the church, a donation of ₦15 million will be made yearly to BSN for a period of eight years during the lifespan of the project.

The General Secretary/CEO of The Bible Society of Nigeria, Pastor Samuel Sanusi, had visited the headquarters of Christ Apostolic Church, Nigeria and Overseas, in 2021 to intimate the leadership with BSN's activities and encourage them to consider adopting any of its translation projects.

Pastor Sanusi, who was overjoyed by the love and generosity of the church, expressed appreciation in a letter, which reads in part: "It is with great joy in my heart I write on behalf of The Bible Society of Nigeria to express our deepest gratitude and appreciation to you and the entire Christ Apostolic Church, Nigeria and Overseas, for the generous donation of ₦10,000,000.00 (Ten Million Naira) being part payment in support of the Ebira Bible Revision project. Please find attached

our official receipt dated November 29, 2024, with receipt number, 133738CR, for your kind record, sir.

"We are indeed honoured to receive your adoption of and support for the Ebira Bible Revision project. Your partnership means the world to us and will go a long way in boosting our translation drive in pursuit of our mission mandate of making the Holy Bible available and affordable to Nigerians in their preferred languages and formats, while also engaging them with the Word of God through programmes to transform their lives. We believe that everyone should have the opportunity to access, study and know the Word of God and we are heartily grateful to you for upholding this belief as demonstrated by your financial support for the Ebira Bible project."

Pastor Sanusi called on other church denominations to emulate this kind gesture and partner with the BSN to make the Bible available in more Nigerian languages. In the past, He's Alive Chapel supported the translation of the Igala Common Language Bible, which was dedicated on March 13, 2021.

The Bible Society of Nigeria is currently working on 10 different Bible translation projects, including the Nigerian Sign Language Bible for the deaf. Completing a Bible translation project within eight years now costs a minimum of N150 million.

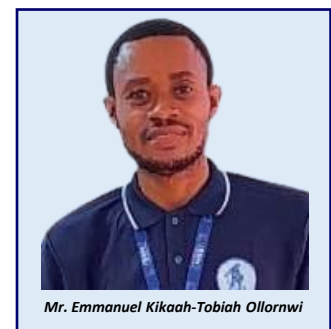
BSN recruits two Bible Translators

The Bible Society of Nigeria (BSN) has recruited two translators to work on the Eleme Bible translation project.

The translators are Mrs. Mbela-Obari Emimi Obe and Mr. Emmanuel Kikaah-Tobiah Ollornwi. Mrs Emimi Obe attended the University of Port Harcourt, where she earned a bachelor's degree in Forestry and Wildlife in 2011. She previously worked at the Rivers State Universal Basic Education Board before joining the BSN as a translator.

Mr. Ollornwi also attended the University of Port Harcourt, where he obtained a bachelor's degree in Agricultural Extension in 2015. Before joining the BSN, he worked at Goodman Academy, Sime-Tai.

The Eleme Bible translation is one of the BSN's ongoing translation projects.



Gen Abbe, BSN Trustee Passes on

One of the members of the Board of Trustees of The Bible Society of Nigeria, General Godwin Abbe, has passed on. He died on December 21, 2024 in Abuja, a few days to his 76th birthday.

He joined the military in 1967 and rose through the ranks to become a Major General.

Gen Abbe served as Minister of Defence and Minister of Interior at different times. He was also a former Military Governor of Akwa Ibom State from 1988-1990 and Rivers State from 1990 to 1992. Thereafter, he became General Officer Commanding (GOC) 2 Division of the Nigerian Army; Commander, Training and Doctrine Command (TRADOC); and Commander, National War College before retiring in 1999.

After his retirement, he dedicated the rest of his life to the service of God and humanity. He donated a building to The Bible Society of Nigeria, Edo Area, which now serves as the Area office.

The remains of the late Gen Godwin Abbe were buried on January 24, 2025, at his residence in Benin City after a commendation service at the United Benin Baptist Church.



Late Maj. General Godwin Abbe

The President and Board Chairman of BSN, Bishop Dr. Timothy Banwo, and the Assistant General Secretary Publishing, Pastor Olugbenga Oludaisi, represented the head office at the burial.



Gen Abbe's wife and children during the burial

Interview

Don't Allow Present Hardship Push You Against God – Dr. Owoyemi

Reverend Dr. James Owoyemi is the fourth President and General Overseer of the United Apostolic Church of Christ. He speaks to BENJAMIN MORDEI on why Christians should not allow the present hardship to separate them from God.



In the interest of our readers, can we meet you, sir?

I am Reverend Dr. James Bayo Owoyemi, the President and General Overseer of the United Apostolic Church of Christ (UACC), Worldwide.

Can you tell me a little more about the Church, UACC?

The United Apostolic Church of Christ is a Christian denomination of the Apostolic order, established about six decades ago. The mission of the Church is to propagate the Gospel of our Lord Jesus Christ and disciple people for evangelistic tasks. We have our missionary headquarters in Akure, Ondo State, and our General Headquarters in Lagos State.

How has it been since you assumed the leadership of UACC four years ago, and what legacy would you like to leave behind?

Since I assumed the office of president, the Church has witnessed both physical and spiritual growth. The legacy I wish to leave behind is orderliness and making the Church's mission a priority above personal interest.

Two years ago, UACC declared a global vision for evangelism. How far has the Church gone in pursuing this laudable vision?

We have been organising open mega crusades in most cities of Southwestern Nigeria, as well as in Abuja and Port Harcourt, Rivers State. We have also taken evangelism to the United Kingdom and the Republic of Benin. Additionally, a student fellowship has been established to evangelise our campuses. We have major plans for further evangelistic outreach as this is our great commission.

Does being a follower or disciple of Jesus come with any cost? If so, could you explain it in the interest of our readers?

Jesus said that anyone who desires to follow Him must be ready to sacrifice all. We must be prepared to deny ourselves certain rights in order to be effective in our stewardship.

What are your expectations for the year 2025?

The Lord has declared 2025 as a year of Praise. This indicates that everything that happens to us as individuals and as a nation will result in praise in 2025.

What specific areas would you advise the government of President Tinubu to focus on to improve the lives of Nigerians in the new year?

The government should be proactive in tackling the suffering of the masses. Policies that will add value to people's lives should be enacted. No doubt, there is suffering in the land, and the government should be more concerned about addressing this.

If a Christian in doubt or a new convert asks you what it means to live a holy life, how would you explain it?

It means abandoning the old lifestyle and taking up a new life that aligns with the life of Jesus. We should be godly in all we do. As Christians, we are ambassadors of Christ in the world.

No doubt, Nigerians, including Christians have been going through turbulent times due to the rising cost of living. What advice can you give them, especially Christians, on how to navigate this period without compromising their faith?

Things may change, but our God remains the same. We should not allow the present situation to push us away from God. Let us remain steadfast and keep trusting Him. He will surely see us through.

How would you describe the Bible?

The Bible is the holy Word of God. It is the manual for our living, the foundation of all Christian organisations globally, and our sacred book. It must be cherished by all.

Which is your favourite version?

The King James Version.

What is your favourite verse?

Philippians 4:13: "I can do all things through Christ who strengthens me."



BREAST SCREENING

- Is Breast Cancer Preventable?
- Is Breast Cancer Not Hereditary or Genetically Motivated?

My answer to this one is a careful NO. I admit that some women are more genetically at higher risk for breast cancer than others. However, I said NO because I am also aware that our genes alone do not determine the types of diseases we develop throughout our lives. The science of genetics has revealed that only about 25% of our genes are automatically expressed, while the remaining 75% must be triggered before they are activated.

In my interaction with many women battling breast cancer, I have discovered that psycho-emotional problems are almost always present. These range from marital problems to childlessness or infertility, widowhood, career crisis, financial struggles, etc. Another very common factor in cancer is mercury toxicity and other dental toxins. Mercury from dental amalgams and contaminated fish, as well as toxins from infected teeth and gums, including Root Canals, all contribute in some way to cancer, especially breast cancer.

Breast Screening Methods

There are various breast screening methods for early detection of breast disease, especially breast cancer. These include breast self-examination, mammography, thermography, etc.

Breast Self-Examination

In breast self-examination, a woman is expected to examine her breasts on a monthly basis for any signs of changes, such as breast lumps, changes in breast shape and size, unusual nipple discharge, an inverted nipple, or noticeable changes to the skin of the breasts. Any such unusual change requires immediate attention to determine its cause and address it before it becomes a serious issue.

Mammography

According to the **Online Free Medical Dictionary**, *"Mammography is the study of the breast using X-ray. The actual test is called a mammogram. There are two types of mammograms. A screening mammogram is ordered for women who have no problems with their breasts. It consists of two X-ray views of each breast. A diagnostic mammogram is for the evaluation of new abnormalities or for patients with a past abnormality requiring follow-up (i.e., a woman with breast cancer treated with lumpectomy). Additional X-rays from other angles or special views of certain areas are taken."*

I must point out that MAMMOGRAPHY uses radiation to screen the breasts. We must not forget that RADIATION

causes cancer. So, it would not be wrong to state that annual mammography may actually increase a woman's risk of developing breast cancer later in life. **Dr. Samuel Epstein**, a leading expert on cancer prevention, stated:

"The premenopausal breast is highly sensitive to radiation, each 1 rad exposure increasing breast cancer risk by about 1%, with a cumulative 10% increased risk for each breast over a decade's screening."

Instead of exposing herself to harmful radiation, a woman should consider seeking guidance from a healthcare provider on appropriate nutrition, detoxification, and psycho-emotional healing. Faith in God and a positive outlook on life are key assets for disease prevention. As I have previously stated, our thoughts and feelings have a direct influence on our body's biochemical terrain and the risk of developing cancer. In addition to radiation exposure, mammography also compresses the breasts, which may actually cause any tumor within the breast to rupture and spread quickly.

According to the Mayo Clinic website in the USA (<http://www.mayoclinic.org/tests-procedures/mammogram/basics/risks/PRC-20012723>) - viewed on **April 28, 2016** – the risks and limitations of mammography include the following:

- Mammograms expose you to low-dose radiation.
- Mammograms aren't always accurate.
- Mammograms in younger women can be difficult to interpret.
- Having a mammogram may lead to additional testing.
- Screening mammography can't detect all cancers.

It is said that mammograms can miss 1 in 5 cancers in women.

Thermography

Thermography measures the heat emitted from the body. The science of thermography applies these heat readings to identify abnormal pathology or function in the body.

According to the **International Academy of Clinical Thermology (IACT)**, *"Thermography is based on the principle that chemical and blood vessel activity in both pre-cancerous tissue and the area surrounding a developing breast cancer is almost always higher than in the normal breast. Since pre-cancerous and cancerous masses are highly metabolic tissues, they need an abundant supply of nutrients to maintain their growth. In order to do this, they increase circulation to their cells by sending out chemicals to keep*

Continues on page 12

existing blood vessels open, recruit dormant vessels, and create new ones (neovascularization). This process results in an increase in regional surface temperatures of the breast. The procedure is both comfortable and safe using no radiation or compression. By carefully examining changes in the temperature and blood vessels of the breasts, signs of possible cancer or pre-cancerous cell growth may be detected up to 10 years prior to being discovered using any other procedure. This provides for the earliest detection of cancer possible. Because of breast thermography's extreme sensitivity, these temperature variations and vascular changes may be among the earliest signs of breast cancer and/or a pre-cancerous state of the breast. **A positive infrared scan may indicate the presence of many different breast abnormalities such as mastitis, benign tumors, fibrocystic breast disease, cancer, and others.**"

Thermography has yet to be accepted as a viable screening option in conventional (allopathic) medicine. So far, it's primarily used in alternative medicine. However, I predict that thermography will become mainstream in the foreseeable future.

Fun as BSN Fetes Staff

It was a fun-filled atmosphere as the management, staff of The Bible Society of Nigeria, and their family members gathered for their annual end-of-year get-together on December 20, 2024, at the Bible Guest House, Ilupeju, Lagos.

One of the most exciting parts of the party was the couples' game, where four male staff members were asked to tie headgear for their wives. They all struggled to do this, causing spontaneous and prolonged laughter, as none of them could do it effectively.



Some of the BSN staff struggling to tie headgear for their wives

Reflecting on 2024, the General Secretary/CEO of the Society, Pastor Samuel Sanusi, thanked God for making it possible for the staff, their spouses, children, and some of the ex-staff to attend the end-of-year get-together. He acknowledged that the organisation did not meet some of its goals for the year but gave glory to God for helping it remain in operation. Pastor Sanusi noted that it was remarkable to see companies in the fast-moving consumer goods sector shutting down while BSN, which distributes Bibles - a product that is not considered a fast-moving consumer good, continues to thrive.

The Manager Publishing, Mr. Segun Obadare, who gave the exhortation, reminded the staff that God is closer to them than they could imagine and is always willing to help. To buttress this, he referenced the biblical account of Jesus deliberately going to the 10 lepers, where they were able to meet him for their healing. According to him, just as the lepers obeyed Jesus's instruction, everyone should be ready to obey



Pastor Samuel Sanusi

whatever God is telling them for their deliverance. "Know that God is available and willing to help. We should go to him for help, obey his instruction, and remember to thank him," he added.

The children of staff members were not left out, as they had their own fun activities in a separate hall. Other highlights of the event included the cutting of the Christmas cake and the exchange of gifts.

As usual, some deserving staff members were awarded, while all the departments presented thanksgiving items to be donated to orphanages.



Mr Obadare giving exhortation

Alone with God

Below are Bible portions which we believe will be useful for your meditation.

JANUARY 2025	FEBRUARY 2025	MARCH 2025
1. Psalm 90:12	1. Ephesians 6:11	1. Romans 10:10
2. Ephesians 5:16	2. Genesis 18:14	2. 1 John 5:15
3. Genesis 1:1	3. Ezekiel 33:8	3. Isaiah 26:3
4. Ephesians 2:8	4. Isaiah 53:5	4. Isaiah 53:6
5. Ecclesiastes 12:10	5. John 3:16	5. 1 Peter 2:9
6. Genesis 15:1	6. Psalm 103:1	6. Psalm 100:4
7. Deuteronomy 1:29	7. Psalm 103:13	7. Revelation 4:11
8. Psalm 90:1-2	8. Psalm 119:105	8. Hosea 6:3
9. Philippians 4:6	9. Romans 11:33	9. Galatians 3:26
10. Philippians 4:4	10. 1 Samuel 16:7	10. Ezekiel 36:26
11. Proverbs 16:3	11. Psalm 89:23	11. Ezekiel 34:31
12. Ecclesiastes 3:1	12. Mathew 8:26	12. Ephesians 5:25-27
13. Proverbs 29:1	13. Genesis 6:5	13. Deuteronomy 4:29
14. Ecclesiastes 7:1	14. Isaiah 40:29	14. Psalm 34:8
15. Ecclesiastes 4:9	15. Psalm 8:4	15. Isaiah 41:11
16. Romans 8: 28	16. Romans 10:13	16. Isaiah 40:31
17. Colossians 1:13-14	17. Lamentation 3:37	17. Proverbs 29:1
18. Psalm 33:22	18. Colossians 3:13	18. Ecclesiastes 7:1
19. 1 John 4:18	19. Isaiah 26:3	19. Ecclesiastes 4:9
20. Luke 18:27	20. 1 Corinthians 10:31	20. 1 Chronicles 16:11
21. Lamentations 3:24	21. Isaiah 43:1	21. Micah 7:7
22. Ezekiel 20:19-20	22. Psalm 34:8	22. Psalm 51:1-2
23. Hebrews 12:11	23. Isaiah 41:11	23. Proverbs 3:5-6
24. Proverbs 13:10	24. Isaiah 40:31	24. 1 Thessalonians 5:17
25. John 15:18	25. Deuteronomy 29:29	25. Philippians 4:6
26. 1 Corinthians 16:13	26. Psalm 119:105	26. Luke 18:1
27. Proverbs 11:2	27. Job 19:25	27. Hebrews 11:1
28. 1 John 4:1	28. John 1:1	28. Hebrews 11:6
29. Luke 12:2		29. James 1:12
30. Romans 8:15		30. Romans 6:1-2
31. 1 Corinthians 13:1		



Photo Gallery



A section of guests at the Founder's Day



Some of the staff during thanksgiving at the End of the Year party



The CEO of Tudel Global Investments Limited, Pastor Dele Adejugbe (M) assisted by his wife, Pastor Oluyomi Adejugbe, receives his award of Selfless Service to God and Humanity from the President of The Bible Society of Nigeria, Bishop Dr. Timothy Banwo



L-R Assistant General Secretary Corporate Development, Mr. Yemi Olayiwola; AGS Finance, Mrs. Yemisi Oluwagbemi; General Secretary/CEO, Pastor Samuel Sanusi, and AGS Publishing, Pastor Olugbenga Oludaisi, cutting the End of the Year cake



A cross section of guests at the Founder's Day



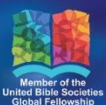
Elemo Bible Translators Rev Christopher Yakubu Luka Masin and Oye Anzaku



The Chairman of NEM Insurance Plc and Chairman of the occasion, Mr Tope Smart (2nd left) presenting award of Selfless Service to God and Humanity to the President of Christ Apostolic Church Nigeria and Overseas, Pastor Samuel Oladele, while the General Secretary/CEO of BSN, Pastor Samuel Sanusi (1st left) and President of BSN, Bishop Dr. Timothy Banwo (1st right) look on



Some of the children of staff at the End of the Year party



THE BIBLE SOCIETY OF NIGERIA

FOUNDED 8TH FEBRUARY, 1966

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Our Mission

Making the Holy Bible available and affordable to Nigerians in their preferred languages and formats, helping them engage with the word of God through life-transforming programmes.

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